

# Pinki Chumber

New York, NY | 646-399-6500 | pc2465@nyu.edu

## EDUCATION

- 
- New York University** | New York, NY 01/2025  
• Master of Science in Occupational Therapy
- Queens College** | Queens, NY 01/2022  
• Bachelor of Arts in Anthropology | Minor in Health Sciences

## EXPERIENCE

---

**Mount Sinai Hospital** | Harlem, NY 09/2024-12/2024  
*Student Fieldwork Level II- Session 2 (Neuro-rehab Outpatient)*

- Performed evaluations to identify functional impairments in patients with SCI, TBI, Parkinson's, MS, and stroke.
- Collaborate with interdisciplinary teams (PT/SLP/LCSW) to provide holistic care to address physical, cognitive, and psychosocial needs tailored to patient goals and abilities.
- Utilized principles of neuroplasticity/task-specific training while incorporating adaptive strategies and AE to enhance outcomes.

**ProHealth & Fitness PT OT** | New York, NY 06/2024- 08/2024  
*Student Fieldwork Level II- Session 1 (Hands/Neuro Outpatient)*

- Conducted comprehensive evaluations for patients with hand conditions (OA, carpal tunnel, trigger finger, UCL tear, and distal radial fx), Parkinson's disease, stroke, MS, and CP using appropriate assessments to guide intervention planning.
- Implemented evidence-based treatment plans to improve fine motor skills, coordination, and upper extremity function.
- Educated patients and caregivers on HEP, safety, fall prevention, energy conservation, and techniques to boost independence.

**Jackson Developmental Center** | Jackson Heights, NY 2/2024 - 4/2024  
*Student Fieldwork Level I - Session 3 (Pediatrics- School)*

- Planned sessions for kids (ages of 3-5) with autism and ADHD on pre-handwriting skills, proprioceptive/vestibular input, fine motor skills, trunk control, and ADLs.
- Observed and assessed kids through therapeutic play, documented sessions using the Dept of Edu. software, and referred to IEP.

**NYP Hospital - Payne Whitney** | New York, NY 11/2023  
*Student Fieldwork Level I - Session 2 (Mental Health- Inpatient)*

- Participated in treatment planning for patients with dementia, bipolar disorder, schizophrenia, and depression through groups and singular therapy sessions that address self-care, CBT/DBT, stress management, social skills, and leisure planning.
- Co-lead dynamic mindfulness activity group to facilitate self-awareness, emotional regulation, and promote recovery.

**NYU** | New York, NY 9/2023 - 11/2023  
*Student Fieldwork Level I - Session 1 (Online simulation- Orthopedic/Neuro)*

- Assessed conditions such as spinal cord injuries, TBI, spinal fusion, total hip replacement, and stroke.
- Customized client-centered treatment plans and provide patient education with ADLs, dressing techniques and bed mobility based on medical precautions.

## LICENSE/CERTIFICATION

- 
- Licensed Occupational Therapist - *NYS Edu. Dept.* 04/2025  
• Occupational Therapist Registered - *NBCOT* 03/2025  
• Montreal Cognitive Assessment (MoCA) Certification 09/2024

## SKILLS

- 
- Microsoft Word, Excel, PowerPoint, Social Media, TheraOffice, and Epic.
  - Languages: Native Proficiency in Punjabi, Hindi, and Urdu.