




Farhana Abdul Razzack

 Dubai, UAE
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Physical Therapist

- *Experienced Physical Therapist with over 10+ years of expertise in delivering advanced rehabilitation programs across musculoskeletal, neuromuscular, and cardiopulmonary conditions. Proven ability to apply manual therapy, movement-based mobilization, and patient education techniques to optimize recovery and enhance functional outcomes. Dual-licensed in Dubai (DHA) and New York State (USA). Known for meticulous clinical judgment, patient-centered care, and interdisciplinary collaboration.*

**Core Competencies**

- ▲ *Advanced Therapeutic Assessment & Diagnosis*
- ▲ *Neuromuscular & Musculoskeletal Rehabilitation*
- ▲ *Cardiopulmonary Rehabilitation*
- ▲ *Manual Therapy & Mobilization Techniques*
- ▲ *Clinical Reasoning & Risk Mitigation*
- ▲ *Pain Management & Exercise Rehabilitation*
- ▲ *Patient Education & Counseling*
- ▲ *Healthcare Compliance & Documentation*
- ▲ *Multidisciplinary Collaboration*
- ▲ *Training & Development*
- ▲ *Analytical Problem-Solving Skills*
- ▲ *Operations Management*

**EXECUTIVE PROFILE**

- ▲ *Experienced with history of working in the medical practice industry. Strong healthcare services professional with a Bachelor of physiotherapy focused in musculoskeletal, Cardiopulmonary, Neuromuscular sciences and Masters in Cardiovascular and pulmonary sciences from Dr. NTR University of Health Sciences. Healthcare rehabilitation professional with in-depth knowledge of occupational, rehabilitation, exercise, and various conditions. More than 10+ years proven enhanced skills in implementing programs and supervisory/management experience. Excellent knowledge of comprehensive direct patient care skills. Reputation as a self-directed professional with superior problem solving, communication, and management skills also in administrative tasks. Successful in managing time, prioritizing tasks, and organizing projects to improve the quality of patient care.*

**PROFESSIONAL EXPERIENCE**

Dubai Health Authority (DHA) | Hatta Hospital (JCI Accredited) (June 2014 to Present)
Hatta, Dubai, UAE.

Key Responsibilities:

Physiotherapist:

- Conduct comprehensive clinical assessments to formulate and implement tailored rehabilitation plans for patients with complex medical conditions.
- Expertise in manual therapy, trigger point therapy, and spinal/peripheral manipulation to relieve pain and restore mobility.
- Collaborate with interdisciplinary teams to ensure patient-centered care aligned with international standards and hospital protocols.
- Deliver focused orthopedic pre and post-surgical rehabilitation programs, cardiopulmonary rehabilitation programs to optimize recovery for patients with post-surgical and other chronic conditions.
- Develop and deliver educational programs on injury prevention, ergonomics, and home-based exercises.
- Maintain detailed documentation of assessments, progress reports, and treatment outcomes to ensure continuity of care and compliance.

Highlights:

- Conduct comprehensive **patient evaluations** to design individualized therapy plans emphasizing **functional mobility** and **pain reduction**.
- Applied advanced **manual therapy techniques** including spinal/peripheral mobilization and trigger point therapy.
- Developed **cardiopulmonary rehabilitation** programs for post-surgical recovery and chronic condition management.
- Collaborated with **multidisciplinary teams** to ensure holistic, evidence-based patient care.
- Led **educational sessions** on injury prevention and post-rehabilitation exercise routines.
- Ensured **compliance** with JCI standards through precise clinical documentation and reporting.



EDUCATION

- **Master of Physiotherapy in Cardiovascular and Pulmonary Sciences | Dr. NTR University of Health Sciences, India (2013)**
- **Bachelor of Physiotherapy | Dr. NTR University of Health Sciences, India (2010)**

Certifications & Advanced Training

- Basic & Advanced Spinal and Peripheral Manipulation
- Diploma in Mobilization Belt Technique (MBM)
- Kinesiology Taping Mastery
- Sports Massage: Muscle Energy Techniques
- Deep Tissue Massage: Trigger Point Therapy
- AHA Basic Life Support (BLS) – Certified (2023-2025)
- Infection Control, IPSPG, Fire & Safety Training (2024-2025)



Professional Licenses

- Dubai Health Authority (DHA) - License No: 00090195-001
- Health and Care Professions Council (HCPC - United Kingdom) – Registration No: PH132953
- State of New York, USA - License No: 051213
- Healthcare Worker Certificate – FCCPT Type 1 Certified (2024)



PERSONAL DETAILS

- Nationality: India
- Date of Birth: 15th Feb 1987
- Residence Country: Dubai, United Arab Emirates.
- Marital Status: Married
- Hobbies and Interests: Reading, Researching Healthcare Trends
- Languages: English (Proficiency (TOEFL) speaking- 30, Urdu and Arabic
- UAE Driving License: Valid