

CAROLINE HOPE LUCAS

STUDENT PHYSICAL THERAPIST | CHLUCAS2021@GMAIL.COM | 516) 350-7205

OBJECTIVE

Highly motivated, passionate, and dedicated individual studying at East Tennessee State University's Doctor of Physical Therapy Program beginning January 2022 with the goal of entering the professional field and providing care to underserved and disabled populations.

EDUCATION

BACHELOR OF SCIENCE IN HEALTH SCIENCES • AUGUST 2021 • JAMES MADISON UNIVERSITY

- Concentration in Health Studies, Minor in Pre-Physical Therapy
- Cumulative GPA: 3.332
- Honors: Dean's List Fall 2017, President's List Spring 2020 & Fall 2021

DOCTORATE IN PHYSICAL THERAPY • EXPECTED TO BE EARNED DECEMBER 2024 • EAST TENNESSEE STATE UNIVERSITY

- Cumulative GPA: 3.6
- Completed Coursework: Functional Human Anatomy, Biomechanics, Professional Issues I, Pathophysiology, PT Basic Skills I, II, & III, Musculoskeletal I & II, Introduction to Research, Neuroscience, Electrotherapeutics, Neurotherapeutic Principles I, Lifespan Development for PT
- Clinical Practicum 1 (4 weeks): Inpatient Acute Care at Holston Valley Medical Center in Kingsport, TN

EMPLOYMENT EXPERIENCE

PHYSICAL THERAPY AIDE • PERFORM! PHYSICAL THERAPY • NOVEMBER 2021 – JANUARY 2022

- Ensuring compliance with HIPAA protocols during patient interactions in the clinic as well as over the phone.
- Managing patient documents while adhering to HIPAA protocols
- Use of WebPT EMR to review patient charts.
- Ensuring patient safety and overseeing therapeutic exercise.
- Setting up and positioning patients for therapeutic modalities.
- Scheduling and confirming appointments.
- Creating and distributing individualized home exercise programs with minimal revision from the supervising Physical Therapist.

SAILING INSTRUCTOR • HEMPSTEAD HARBOUR CLUB JUNIOR SAILING PROGRAM • SUMMERS 2016-2021

Taught beginner and advanced sailing to youth aged 8-16 years old. Responsibilities include:



EMAIL



TWITTER HANDLE



TELEPHONE



LINKEDIN URL



CL

CAROLINE HOPE LUCAS

STUDENT PHYSICAL THERAPIST | [LINK TO OTHER ONLINE PROPERTIES:
PORTFOLIO/WEBSITE/BLOG](#)

- Creating detailed lesson plans to reinforce previously learned skills and introduce new material, techniques, and strategies.
- Coaching program participants at regional regattas.
- Coordinating parent communication for event registration, transportation, and logistics.
- Upholding safety standards at all practices, clinics, races, and events
- Inspecting and maintaining program equipment to ensure optimal function and safety.
- Summer 2020: appointed Interim Head Instructor. Additional Responsibilities included adapting lesson plans and program operation to comply with COVID-19 guidelines and overseeing day-to-day operations including supervising instructor staff and closing the program at the end of the season.
- Promoted to Head Instructor for Summer 2021.

VOLUNTEER EXPERIENCES

ISLAND SPORTS PHYSICAL THERAPY • JUNE 2019 – AUGUST 2019

- Guiding patients through therapeutic exercise as prescribed and supervised by the Physical Therapist.
- Organizing patient documents while adhering to HIPAA protocols.
- Preparing equipment, ice, and hot packs for patients.

Transcripts and References are available upon request



EMAIL



TWITTER HANDLE



TELEPHONE



LINKEDIN URL